

A Short But Comprehensive Autism Facts Sheet For Parents And Educators

What is Autism?

Autism is a complex developmental disorder that affects a person's ability to communicate and interact with others. It is a spectrum disorder, meaning that it affects people in different ways and to varying degrees.



An Autist's Guide to Autism: A short but comprehensive autism facts sheet for parents and educators. by Alys Clare

★★★★★ 5 out of 5

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Word Wise : Enabled
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Autism is characterized by a triad of core symptoms:

* Deficits in social communication and interaction * Restricted and repetitive patterns of behavior, interests, or activities * Sensory sensitivities or unusual sensory interests

Symptoms of Autism

The symptoms of autism can vary widely from person to person. However, some common symptoms include:

* Difficulty with social interaction, such as making eye contact, understanding social cues, or engaging in reciprocal conversation * Repetitive behaviors, such as hand flapping, rocking back and forth, or lining up objects * Restricted interests, such as being preoccupied with a particular toy or activity * Sensory sensitivities, such as being over- or under-sensitive to light, sound, or touch

Diagnosis of Autism

Autism is typically diagnosed by a qualified professional, such as a developmental pediatrician or child psychologist. The diagnosis is based on a comprehensive evaluation that includes a review of the person's history, observation of their behavior, and standardized testing.

Treatment of Autism

There is no cure for autism, but there are a variety of treatments that can help to improve a person's symptoms and quality of life. These treatments may include:

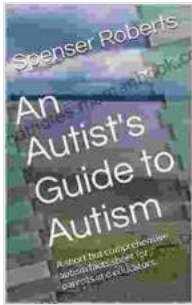
* Applied behavior analysis (ABA) therapy * Speech therapy * Occupational therapy * Physical therapy * Medication

Prognosis for Autism

The prognosis for autism varies depending on the severity of the person's symptoms. However, with early intervention and appropriate treatment, many people with autism can lead happy and productive lives.

Additional Resources

* [Autism Speaks](https://www.autismspeaks.org/) * [National Autism Association](https://nationalautismassociation.org/) * [Autism Society of America](https://www.autism-society.org/)



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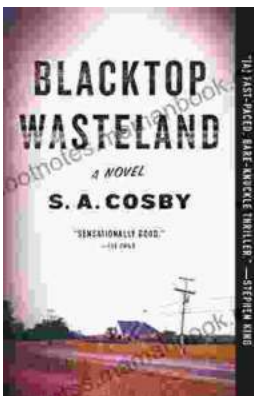
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